

welcome to

pekish

@KOORINGAL

eat | drink | enjoy

spring 2018

"It's with a great pleasure we look at launching our spring menu with a few minor changes, and introducing some new & exciting menu items, we look forward to your feedback.

Our intention is for you to 'taste how much we care'."

David Wertiechowski;
Owner Operator & Executive Chef

Dietary key: gf – gluten free; v – vegetarian
We can alter most dishes to make them gluten free, vegetarian or vegan;
please ask us and we will be happy to help.

Some dishes may contain traces of nuts. Some fish dishes may contain traces of bones

\$10 cakeage charge applies to parties that bring their own cakes.

Also located at
Pekish @ City of Geelong Bowls Club
Pekish @ The Vue Grand, Queenscliff

eat | drink | enjoy

pekish
@KOORINGAL
eat | drink | enjoy



More than just a golf club

entrée

warm bread roll ^v gf free available add \$1.50	\$1 ^{.50}
garlic bread ^v crusty warm bread garlic butter herbs	\$6 ^{.50}
cheesy garlic bread ^v crusty warm bread garlic butter herbs gratinated tasty cheese	\$7 ^{.50}
soup of the day homemade soup warm roll butter	snr \$5 ^{.90} \$8 ^{.90}
share dips ^v turkish bread babaganoush beetroot red romesco	\$13 ^{.90}
traditional bruschetta ^v gf available turkish bread tomato spanish onion basil olive oil aged balsamic	\$12 ^{.90}
seafood roulade seafood medley spinach cauliflower puree lemon butter	\$14 ^{.90}
baked mushroom gratin ^v mushroom chick peas red beans tomato chive crumbled fetta	\$12 ^{.90}
chef selection arancini house made arancini balls babaganoush balsamic glaze	\$11 ^{.90}
salt and pepper calamari ^{gf available} calamari roquette paw paw lime ginger coriander	\$12 ^{.90}
prosciutto wrapped scallops scallops prosciutto cos lettuce walnuts honey mustard dressing	\$14 ^{.90}
popcorn chicken chicken toasted black sesame seeds cos lettuce grain mustard honey aioli	\$12 ^{.90}
malaysian chicken satay skewers ^{gf} asian slaw steamed rice house made peanut satay sauce	\$12 ^{.90}

prime cuts

please note that medium well & well-done steaks take up to 35-40 minutes

grass fed rib eye steak 500g 90 day aged great southern, vic	\$39. ⁹⁰
lamb rack 5 points medium rare rosemary thyme dijon otway, vic	\$35. ⁹⁰
scotch fillet steak 300g 90 day aged prime yearling ralphs, vic	\$31. ⁹⁰
grain fed porterhouse steak 300g 90 day aged free range yearling red gum creek, vic	\$28. ⁹⁰
grain fed eye fillet steak 250g 90 day aged great southern, vic	\$34. ⁹⁰
butterflied chicken breast fillet chargrilled seasoned locally sourced	\$24. ⁹⁰

all grilled dishes are garnished & served w one sauce and one side from the list below

sides

beer battered chips
garden salad
greek salad
roquette | parmesan salad
parisian mash
chat potatoes
steamed vegetables
battered onion rings
coleslaw

extra side add \$3.⁹⁰

sauces

all sauces are gluten free

creamy garlic | peppercorn
mushroom gravy
gravy
pepperjack shiraz jus
garlic butter
champagne | chive
caramelised onion gravy
creamy peppercorn

extra sauce add \$1.⁵⁰

pekish
@KOORINGAL
eat | drink | enjoy

eat | drink | enjoy



More than just a golf club

favourites

please note that medium well & well-done steaks take up to 35-40 minutes

beef & reef ^{gf} \$36.⁹⁰

300g scotch fillet steak | mash | seasonal greens | pan fried prawns
calamari | mussels | scallops | ½ moreton bay bug | garlic cream sauce

chook & reef ^{gf} \$34.⁹⁰

grain fed chicken fillet | mash | seasonal greens | pan fried prawns
calamari | mussels | scallops | ½ moreton bay bug | creamy garlic sauce

american style pork spare ribs ^{gf available} \$29.⁹⁰

4-hour slow cooked pork ribs | onion rings | chips | garden salad

steak sandwich ^{gf bread available add \$1.50} \$25.⁹⁰

200g chargrilled steak | caramelised onion | bacon | tasty cheese
fried egg | tangy relish mayo | chips

chicken parma ^{or} schnitzel or gluten free parma \$24.⁹⁰

house crumbed chicken breast | napoli | smoked ham
two cheese mix | salad | chips

chicken scaloppini ^{gf} \$27.⁹⁰

chicken breast | creamy garlic & white wine sauce | mushroom
spring onion | mash potato | steamed broccolini

36 hour slow cooked beef brisket \$31.⁹⁰

beef brisket | sweet potato mash | sautéed silver beet | shallots
red wine jus

nasi goreng \$25.⁹⁰

stir fried rice | pork | chicken | baby prawns | water chestnuts
crispy fried shallots | egg | sticky asian sauce | shredded iceberg lettuce

moroccan style calamari ^{gf available} \$25.⁹⁰

calamari pieces | chef's own spices | chips | garden salad
house made tartare | lemon

barramundi fillets ^{gf available} \$25.⁹⁰

beer battered or grilled | chips | garden salad | house made tartare | lemon

seafood linguine \$28.⁹⁰

scallops | calamari | prawns | mussels | barramundi | confit tomatoes
white wine | chilli | garlic | basil | ½ moreton bay bug

eat | drink | enjoy

pekish

@ KOORINGAL

eat | drink | enjoy



More than just a golf club

mains

please note that medium well & well-done steaks take up to 35-40 minutes

crispy atlantic salmon fillet \$29.⁹⁰

crispy skin salmon | quinoa | brown rice | farrow | pumpkin seeds | pomegranate
coriander | hazelnut & pistachio dukkha | tahini & honey lemon yoghurt

seafood grill ^{gf} \$37.⁹⁰

calamari | tiger prawns | mussels | scallops | barramundi | king prawn
garden salad | chips | lemon | ½ moreton bay bug

scotchman steak ^{gf} \$33.⁹⁰

300g scotch fillet | field mushroom | tomato | bacon | fried egg
mash | seasonal veg

trio lamb cutlets \$31.⁹⁰

thyme | fetta | semi dried tomato crumb | chat potato | mediterranean vegetable
spinach | jus

pork belly \$32.⁹⁰

sliced crispy skin pork belly | braised cabbage | green beans | dutch carrot
shallot | apple & honey jus

veggie burger \$24.⁹⁰

sweet potato & veg pattie | roast beetroot | peppered avocado | roquette
brie | tomato relish | sweet potato chips | herb aioli

chicken fajitas \$27.⁹⁰

marinated chicken | flour tortillas | guacamole | salsa | sour cream
mexican rice | salad

kooringal beef burger \$24.⁹⁰

house made beef pattie | bacon | tasty cheese | shredded iceberg lettuce
beetroot | sliced tomato | tomato relish | chips | onion rings

malaysian chicken satay skewers ^{gf} \$23.⁹⁰

marinated chicken | asian slaw | steamed rice | house made peanut satay sauce

gnocchi \$21.⁹⁰

roasted pumpkin | semi dried tomato | spinach | grilled zucchini
pine nut pesto | parmesan

schezuan chicken burger \$24.⁹⁰

marinated chicken breast | iceberg lettuce | tomato | bacon | tasty cheese
chips | peri peri aioli

eat | drink | enjoy

pekish
@ KOORINGAL
eat | drink | enjoy



More than just a golf club

beetroot risotto ^{gf} arborio rice roast beetroot tomato pumpkin cream	\$21. ⁹⁰
roasted pumpkin wedge ^{gf} ^{vegan available} whipped goat's cheese pomegranate toasted pine nuts dutch carrots lemon mustard dressing	\$21. ⁹⁰
chicken basil & pesto gnocchi grilled chicken pan fried basil herb and smokey mozzarella gnocchi italian vegetables cream herbs spices	\$23. ⁹⁰
coeliac veg lasagne layered w thick béchamel eggplant capsicum mushroom pumpkin tasty cheese salad gf garlic bread	\$21. ⁹⁰
coeliac beef lasagne beef pasta sheets thick béchamel tasty cheese salad gf garlic bread	\$23. ⁹⁰
spaghetti meatballs beef meatballs bacon chilli salami capsicum tomato shallot	\$22. ⁹⁰
superfood salad quinoa brown rice farrow pumpkin seeds pomegranate fresh coriander hazelnut & pistachio dukkha tahini & honey lemon yoghurt	\$21. ⁹⁰
chicken caesar salad grilled chicken torn baby cos lettuce chunky croutons crispy bacon shaved parmesan poached egg housemade caesar dressing	\$23. ⁹⁰
greek salad ^{gf} tomato cucumber red onion oregano olive fetta	\$19. ⁹⁰
hipster salad ^{gf} sweet potato & fennel rosti chick peas radish sweet corn avocado smash roquette cherry tomato asparagus	\$22. ⁹⁰

sides \$5.⁹⁰

beer battered chips
creamy mash potato
seasonal vegetables
beer battered onion rings
roquette & parmesan salad
garden salad

extras

grilled chicken \$4.⁵⁰
smoked ham \$2.⁰⁰
calamari \$5.⁰⁰
salami \$2.⁵⁰
grilled prawns \$5.⁹⁰
smoked bacon \$2.⁵⁰

eat | drink | enjoy

pekish
@KOORINGAL
eat | drink | enjoy



More than just a golf club

senior's

senior's menu available 7 days a week
\$2 soup or dessert special available monday to friday
before 6.30pm and now lunch on saturday

soup of the day <small>(see specials board)</small>	\$5. ⁹⁰
house made soup warm crusty roll butter	
main	
fish and chips <small>gf available</small>	\$14. ⁹⁰
barramundi battered or grilled chips garden salad lemon house made tartare	
chicken parma <small>or</small> schnitzel	\$14. ⁹⁰
crumbed chicken breast napoli smoked ham cheese chips salad	
roast of the day <small>(see specials board) gf</small>	\$14. ⁹⁰
roast potatoes roast pumpkin parsnip peas carrots gravy	
penne carbonara	\$14. ⁹⁰
penne pasta creamy white wine & garlic sauce bacon spring onion	
penne bolognese	\$14. ⁹⁰
house made traditional bolognese sauce	
classic slow cooked rissoles	\$14. ⁹⁰
house made rissoles rich gravy creamy mash potato broccolini	
salt & pepper calamari <small>gf available</small>	\$16. ⁹⁰
calamari pieces chef's own spices chips garden salad house made tartare lemon	
sweet & sour barramundi	\$16. ⁹⁰
tempura battered barramundi special fried rice capsicum peas spring onion bean shoots house made sweet & sour sauce	
chicken scaloppini <small>gf</small>	\$16. ⁹⁰
chicken breast creamy garlic & white wine sauce mushrooms spring onions mash potato steamed broccolini	
seafood crepe	\$16. ⁹⁰
light crepe barramundi calamari scallops mussels creamy white wine & garlic sauce french salad chips	
dessert	
house made sticky date pudding butterscotch sauce ice cream	\$5. ⁹⁰
mixed berry pavlova <small>gf</small> berry coulis cream	\$5. ⁹⁰
vanilla ice cream your choice of strawberry chocolate caramel sauce	\$5. ⁹⁰

children's menu

under 13 years

kid's classic menu **\$9.90**

penne bolognese ^{or} penne napoli ^v
penne pasta | slow cooked beef bolognese
penne pasta | house made napoli sauce | parmesan

spaghetti meatballs
mini meatballs | house made napoli sauce | spaghetti

margherita pizza ^v
classic cheese pizza | chips

fish & chips ^{gf available}
battered ^{or} grilled | chips

chicken tender's ^{gf available}
crumbed chicken | chips | tomato sauce

kid's gourmet menu **\$11.90**

salt & pepper calamari
calamari pieces | chef's own spices | chips

pasta carbonara
penne pasta | creamy sauce | bacon | spring onion

mini koorinal golf cheeseburger
brioche bun | chips

mini roast of the day ^{gf}
today's roast | roast veg | traditional trimmings

mini parma or schnitzel ^{gf available}
crumbed chicken | napoli sauce | ham | chips

one dessert included with all children's meals

additional dessert \$2.50

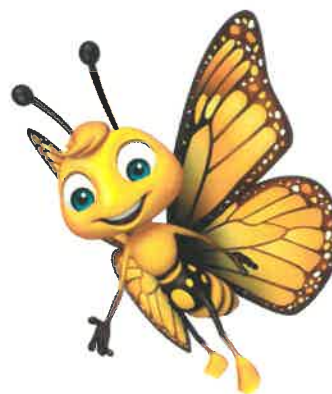
vanilla ice cream with
strawberry | chocolate | caramel | sprinkles
frog in the pond

free classic meal available mon – fri

5.30pm – 6.30pm

with the purchase of any full price adult meal

excludes public holidays



pekish

@ KOORINGAL

eat | drink | enjoy

eat | drink | enjoy



More than just a golf club